

Referral to treatment

Treatment includes:

- opiate maintenance programs
- residential rehab
- detox

Results

Sydney – 11% referred to drug intervention - pp 98.99

- opioid maintenance (304 of 3,748 clients) 8%
- residential rehab (43 of 3,748 clients) 1%
- detox (134 of 3,748 clients) 4%
- no change by 2010 p 128

By comparison

One of Australia's biggest addiction medicine practices at Highgate Hill, Brisbane, had referral rates of 91% of patients to treatment



https://www.drugsandalcohol.ie/5706/1/MSIC_final_evaluation_report.pdf https://www.health.nsw.gov.au/aod/resources/Documents/msic-kpmg.pdf

Compare

Nicotine dependence

- Nicotine as addictive as heroin
- 70% of smokers say they want to quit

From the 2010 evaluation of the Sydney facility -p 125

- 20% of smokers ready to quit at any time
- 37% of tobacco smokers are quitting
- 42% are contemplating quitting

So why the extremely poor referral rates?



Results

Melbourne – not good _{- p 48}

"... in the first year of operation (the MSIR) has not demonstrated higher levels of service take-up for MSIR users as compared with other people who use drugs."



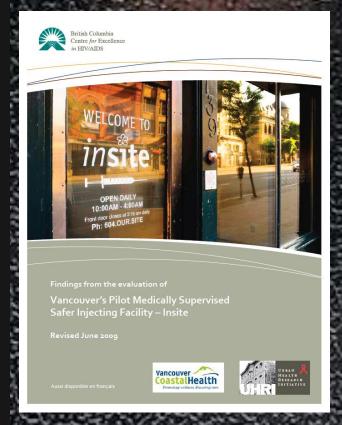
https://apo.org.au/sites/default/files/resource-files/2020-06/apo-nid306054.pdf

Results

Vancouver – 18% referred to detox - p 26

"The study followed more than 1,000 Insite users between December 1, 2003 and March 1, 2005. Of this group, 185 (18%) began a detoxification program at some point during the study period.

Individuals who used Insite at least weekly were 1.7 times more likely to enroll in a detox program than those who visited the centre less frequently. The study also found that contact with Insite's addictions counsellor significantly increased a person's chances of enrolling in detox."



https://caab186.files.wordpress.com/2018/02/insite-report.pdf

Irony

Methadone maintenance ineffective

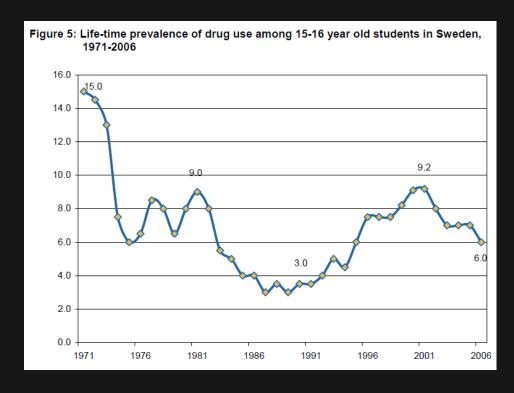
- Dr Richard Mattick led Sydney 2003 evaluation
- Also did Cochrane review on methadone programs
 - "Methadone appeared statistically significantly more effective than non-pharmacological approaches in
 - retaining patients in treatment and
 - in the **suppression of heroin use** as measured by self report and urine/hair analysis (6 RCTs, RR = 0.66 95%CI 0.56-0.78),
 - but **not** statistically different in **criminal activity** (3 RCTs, RR=0.39; 95%CI: 0.12-1.25)
 - or mortality (4 RCTs, RR=0.48; 95%CI: 0.10-2.39)."



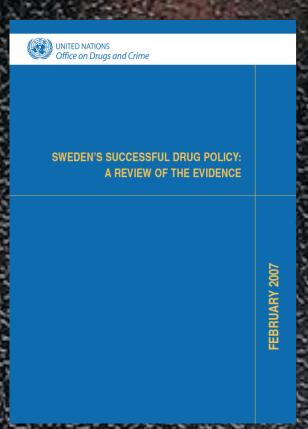
https://www.drugsandalcohol.ie/5706/1/MSIC_final_evaluation_report.pdf https://www.cochrane.org/CD002209/ADDICTN_methadone-maintenancetherapy-versus-no-opioid-replacement-therapy

Rehab crucial

Sweden – from highest to lowest via compulsory rehabilitation



In the late 1960s Sweden had **Europe's highest** levels of illicit drug use, but reduced them via compulsory rehab. When recession hit in the early 90s, they stopped spending on rehab, with use increasing until **2002** when spending was again increased



https://www.unodc.org/pdf/research/Swedish_drug_control.pdf

